20.7.2025

Dear Parent/Guardian,

We have now delivered the statutory and age appropriate RHE modules to your child during this academic year. We remain passionate about this planned programme which is rooted within our Christian Gospel values.

As a reminder, the programme we follow across the St Francis CMAT is the Ten Ten Resources programme, 'Life to the Full'. This continues to be a success and we are very pleased with how the children have responded. This year we have also had our very own personalised St Francis workbooklets which will be sent home with your child at the end of the year. These will definitely make a valuable keepsake.

As we move forward into next year, I want to make you aware of the modules which will be covered by your child so you have plenty of time to consider these and speak to us if you have any concerns. Please see below:

Year 1 • God Loves You • Special People • Treat Others Well • … and Say Sorry! • Good and Bad Secrets • Physical Contact • Harmful Substances • Can You Help Me? • Three in One • Who Is My Neighbour? • The Communities We Live In • Who Will I Be?	**Year 2** • I am Unique • Girls and Boys • Clean and Healthy? • Feelings, Likes and Dislikes. • Feeling Inside Out • Super Susie Gets Angry The Cycle of Life • Beginnings and Endings • Change is all Around • Real Life Online • Rules To Help Us. • Three in One • Who Is My Neighbour? • The Communities We Live In • Who Will I Be?	**Year 3** • The Sacraments • Family, Friends and Others • When Things Feel Bad • Sharing Online • Chatting Online • Safe In My Body • Drugs, Alcohol and Tobacco. • First Aid Heroes • Rights and Responsibilities • A Community of Love • What Is The Church? How Do I Love Others? • Working Together
Year 4 • We Don't Have To Be The Same • Respecting Our Bodies • What Is Puberty? • Changing Bodies • What Am I Feeling? • What Am I Looking At? • I Am Thankful • Life Cycles • A Time For Everything • Big Changes, Little Changes • A Community Of Love • What Is The Church? • How Do I Love Others? • Money Matters	**Year 5** • God Is Calling You • Under Pressure • Do You Want A Piece of Cake? • Self-Talk • Sharing Isn't Always Caring • Cyberbullying • Types Of Abuse • Impacted Lifestyles • Making Good Choices • Giving Assistance • The Holy Trinity • Catholic Social Teaching • Reaching Out • The World Of Work	Year 6 • Gifts and talents • Girls' Bodies • Boys' Bodies • Spots And Sleep • Body Image • Peculiar Feelings • Emotional Changes • Seeing Stuff Online • Making Babies • Menstruation • Hope Beyond Death • Coping With Change • The Holy Trinity • Catholic Social Teaching • Reaching Out • Money and Me

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We are very passionate about our partnership with parents. We recognise that you, as parents, are the 'first educators' of your children. I just want to remind you that Ten Ten Resources have an **Online Parent Portal** which you can log into and learn more about the sessions as well as complete an online course about the programme.

To access the **online parent portal,** please click on the link below:

PSHE & RSHE - Holy Family

Additionally, we also have an **online parent questionnaire** which we would appreciate you completing so we have your views represented in how we teach your child on these matters. This will be text/emailed shortly.

As always, thank you for your support and if you have any immediate queries, concerns or issues

Yours sincerely
Mrs Alexia Fox